

# DONATION FORM

PLEASE USE CAPITAL LETTERS

Title  Forename  Surname

Address

Postcode         Phone (inc. area code)

Email

I would like to support:

the Rheumatology Support Fund (U326)  with a donation of £

## Please Gift Aid my donation

Using Gift Aid means that for every pound that you give we receive an extra 25p from the Inland Revenue\* – at no extra cost to you. Please complete the information below to enable us to claim this valuable tax relief.

I would like all donations I have made to the Royal Berks Charity in the past four years and all donations in future to be treated as Gift Aid donations until I notify you otherwise.

Your details are private – we never share them with any third party. However, we like to keep all our donors informed of our news, events, activities and appeals. Please tick the box on the left if you do not wish to receive this information.

Signature

Date

\*To qualify for Gift Aid, what you pay in income tax or capital gains must at least equal the amount we claim in the tax year.

## Payment method:

Cheque  (cheques payable to Royal Berks Charity) Cash  (Please do not send cash in the post)

Debit Card  Visa  Mastercard  Switch/Maestro

Name as it appears on your card

Card number

Start date  /  End date  /  3 digit security code

Signature

Date

Please return to The Royal Berks Charity, FREEPOST RLRJ-XCXE-XCZH, Royal Berkshire Hospital, London Road, Reading, Berkshire, RG1 5AN

Charity Number 1052720



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# Please help the Rheumatology Support Fund

 Find us on Facebook: [www.facebook.com/RoyalBerksCharity](http://www.facebook.com/RoyalBerksCharity)

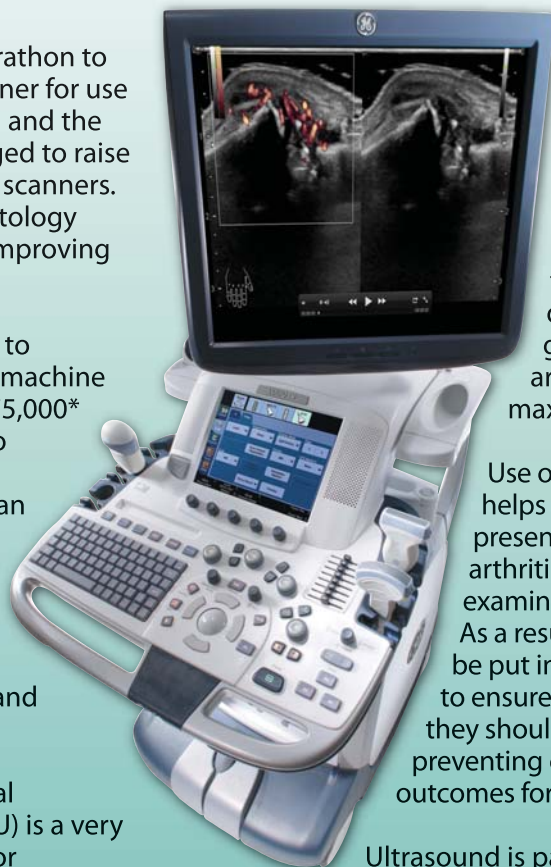
# Please support Musculoskeletal Ultrasound in Rheumatology

In 2011, Dr. Antoni Chan, Consultant Rheumatologist, ran the Reading Half Marathon to raise funds for a portable ultrasound scanner for use in the community. Together with his team and the generous support from donors, he managed to raise money to buy not one but three portable scanners. This equipment has been used in rheumatology clinics across Berkshire and Oxfordshire, improving patient access and experience.

The Rheumatology team are now looking to purchase the next generation ultrasound machine with improved diagnostics. At a cost of £75,000\* this technology will bring direct benefit to patients who suffer from painful arthritis, ensuring rapid diagnosis and treatment can be given to help their condition. Better pain management and improvements in

symptoms will help patients regain their function and independence.

Musculoskeletal Ultrasound (MU) is a very valuable tool for rheumatology doctors and patients. The ultrasound machine is the extension of the doctor's stethoscope in treating arthritis. We can assess



how active the disease is by looking inside the joints with the ultrasound probe in clinic. Assessment of joints and tendons by ultrasound allows us to differentiate between inflammation and mechanical problems, the treatments of which are different. We can also use it to guide injections into joints and around tendons to ensure maximum response and benefit.

Use of MU in the rheumatology clinic helps the doctor diagnose patients presenting with early inflammatory arthritis on the day of the examination.

As a result an early treatment plan can be put in place which can be monitored to ensure that the drugs are doing what they should: reducing inflammation and preventing damage, leading to better outcomes for patients.

Ultrasound is painless and does not involve any radiation. It is very safe for the patient and can be repeated in clinic assisting follow up on the condition. Patient experience is enhanced as they are able to look at the scans of their joints with the doctor gaining more of an understanding about their condition.

● **Rheumatology saw 9,500 patients last year – 5,700 at the Royal Berkshire Hospital**

● **3,800 patients were seen at the community clinics last year**  
● **Numbers are increasing**

● **50 clinics run every day throughout the Trust (Consultant, Registrar, Nurse, Physiotherapist)**

*\*In the event that we should raise more than the £75,000 required, every penny will be used to improve the facilities in the Rheumatology department.*

● ***Drs. Chan, Kitchen and MacDonald (pictured left) are personally taking part in many fundraising events and have already competed in the Green Park Challenge and the Vitality Reading Half Marathon this year.***



***Top right: Dr Chan at the 2011 Reading Half Marathon and (bottom right) running in this year's Green Park Challenge***



***Above right: Drs Kitchen and MacDonald getting ready for this year's Reading Half Marathon***

Your contribution will significantly help with the early detection, treatment and monitoring of patients with arthritis which will improve their quality of life.

**Dr Antoni Chan, PhD, FRCP  
Consultant Rheumatologist**